

January

January 5, 2016 6:30-8:30

Count it Up!

Presenter: Katrina Campbell

Would you like some new ideas to help children with academic skills? Come to this workshop to learn techniques that you can use with children to teach numbers, letters, and patterns.

January 7, 2016 5:30-8:30

Extended Production Hours

Cost: \$5.00

Join us the first Thursday of every month for a night of extended production hours! From 5:30-8:30, we will have the die cuts and paper available, the laminator hot and ready to go, and materials for you to make fun activities for your classroom. For a small \$5 fee, take advantage of the Smart Start supplies, snacks after work, and 3 free feet of laminate. Come and meet teachers from other centers and get to know the Smart Start Teaching and Learning Team.

January 12, 2016 6:30-8:30

How Children's Literature can Support Social-Emotional Development

Presenter: Gwen Walter

A variety of children's books offer intentional support for healthy social-emotional development. Books can be a fun and easy way to further enhance social-emotional development. We will explore different kinds of literature and their benefits for supporting social-emotional development and ideas for embedding social-emotional content of books into daily activities.

January 14, 2016 5:30-8:30

More Than Baby Talk

Presenters:

Nicole Gardner-Neblett, Ph.D.
Allison De Marco, Ph.D.

This free workshop is open to infant and toddler teachers ONLY. 0-2 years

You must be 18 years old or older. You must work in a child care center with Infant/Toddlers.

This workshop will cover teaching practices that promote the language and communication development of infants and toddlers.

3 months after the workshop, we will send you a 20-minute online survey. After completion of the survey, you will receive a \$25 Amazon gift certificate. Dinner will be provided.

January 19, 2016 6:30-8:30

It's SIDS

Presenter: Ashton Putnam

This is a required class for anyone that works with infants. It must be renewed every three years. The importance of being prepared to prevent Sudden Infant Death Syndrome will be discussed.

January 26, 2016 6:30-8:30

How Preschoolers Learn to Read

Presenter: Marjorie Burris

It is important to read to children every day. Participants will learn engaging reading strategies as well as the benefits and joy of reading that are meant to instill a lifetime love of reading in our children.

February

February 2, 2016 6:30-8:30

Music & Brain Development

Presenter: Romy Allen

Did you know that music aptitude shares the same part of the brain as math, logic, and reasoning? Many ECE use music in the classroom to enhance various activities but do you really understand the connection between the brain and music? This session will answer those questions and assist you in more purposeful planning using music and brain development as the foundation.

February 4, 2016 5:30-8:30

Extended Production Hours

Join us the first Thursday of every month for a night of extended production hours! From 5:30-8:30, we will have the die cuts and paper available, the laminator hot and ready to go, and materials for you to make fun activities for your classroom. For a small \$5 fee, take advantage of the Smart Start supplies, snacks after work, and 3 free feet of laminate. Come and meet teachers from other centers and get to know the Smart Start Teaching and Learning Team.

February 9, 2016 5:00-9:00

Playground Safety

Presenter: Karatha Scott

This training will cover all of the DCDEE procedures and regulations to operate a safe and healthy outdoor play environment.

February 9th 9-11 AM

March 22nd 9-11 AM

Emergency Preparedness

Presenter: Sherri Jones

This is a two part workshop. You must attend both sessions to receive in-service training hours.

This training is now a required training for child care centers and homes. It is only open to directors/owners of childcare centers or homes or a representative of the center/home. It has 2 sessions. Each session will last approximately two hours and has a one hour assignment between sessions. Session 1 covers planning and preparing for emergencies in early care and education settings. It includes an overview and an introduction to the online EPR Plan template. After session 1, participants will return to their facility with an assignment of preparation work for completing the online EPR Plan. Session 2 will be held 1-3 weeks later and covers questions about the assignment, practicing, responding, and recovery related to emergencies.

**February 16, 2016 6:30-8:30
Developing Early Literacy:
Books, Puppets and Play**

Presenter: Dr. Ellen Wenner
Developing early literacy skills seems daunting, yet it is simple when you have fun. Participants will develop an understanding of the teaching methods to improve literacy and have a chance to play and practice with materials.

**February 18, 2016 6:30-8:30
Signing with Young Children (ASL)**

Presenters: Cara McKeown, Catherine Burke, Jib Chatrabhuti
Effective communication and responsiveness are key components in developing and nurturing strong relationships between young children and the early childhood professionals

that educate them, especially for those children who are nonverbal. Research confirms that children gain control of their hands far before they have control of their expressive language. Learning these skills can also decrease common, developmentally appropriate aggressive behaviors such as biting, scratching/pinching and hitting/kicking among other infants, toddlers and twos who do not yet have a large volume of expressive language skills to verbally communicate. Participants will be provided a solid base vocabulary of baby signs, as well as the process by which to best apply these signs to individual age groups during daily routines.

**February 23, 2016 6:30-8:30
It's SIDS**

Presenter: Ashton Putnam
This is a required class for anyone that works with infants. It must be renewed every three years. The importance of being prepared to prevent Sudden Infant Death Syndrome will be discussed.

March

**March 1, 2016 6:30-8:30
Using Music to Engage Children in Math**

Presenter: Gwen Walter
Research suggests that mathematical learning begins early in life and that music and math are related in the brain from very early in life. This fun workshop will explore ways to enhance the young child's mathematical learning using the patterns of music. A discussion of how music affects brain development will be included.

**March 3, 2016 5:30-8:30
Extended Production Hours**

Join us the first Thursday of every month for a night of extended production hours! From 5:30-8:30, we will have the die cuts and paper available, the laminator hot and ready to go, and materials for you to make fun activities for your classroom. For a small \$5 fee, take advantage of the Smart Start supplies, snacks after work, and 3 free feet of laminate. Come and meet teachers from other centers and get to know the Smart Start Teaching and Learning Team.

**March 3, 2016 5:30-8:30
More Than Baby Talk**

Nicole Gardner-Neblett, Ph.D.
Allison De Marco, Ph.D.
This free workshop is open to **infant and toddler teachers ONLY. 0-2 years**

You must be 18 years old or older. You must work in a child care center with Infant/Toddlers. This workshop will cover teaching practices that promote the language and communication development of infants and toddlers. 3 months after the workshop, we will send you a 20-minute online survey. After completion of the survey, you will receive a \$25 Amazon gift certificate. Dinner will be provided.

**March 8, 2016 6:30-8:30
Why Rules are Important**

Presenter: Marjorie Burris
This workshop focuses on the book, Heckedy Peg to offer strategies to the child care professional as they introduce safety, limits and boundaries into the lives of their preschoolers.

**March 12, 2015 9-11 AM
Brain-Based Motivational Leadership**

Presenter: Care McKeown

As leaders (teacher leaders and administrators), why do we do what we do.....really? How do I figure out what motivates each of my team members and motivate each accordingly....and realistically? An intensive, step-out-of-your-comfort-zone training that will first support you and your team members/ staff in identifying your true professional/personal priorities by digging deeply within; then, identifying and applying individual key motivating factors for not only yourself, but also for your team members; staff, in order to support you in consistently and holistically meeting your team's motivational needs.

placing the child in the center of the web rather than a theme.

March 15, 2016 6:30-8:30

It's SIDS

Presenter: Ashton Putnam

This is a required class for anyone that works with infants. It must be renewed every three years. The importance of being prepared to prevent Sudden Infant Death Syndrome will be discussed.

March 22, 2016 6:30-8:30

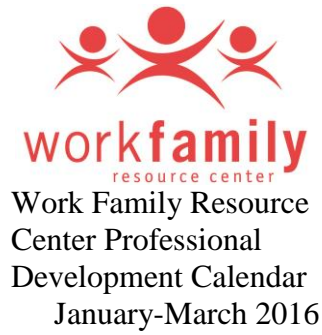
March 29, 2016 6:30-8:30

Webbing Children to Planning Lessons

Presenter: Romy Allen

This is a 2 part workshop. You must attend both sessions to receive in-service training hours.

Many of us have been taught how to web a theme to plan activities. But have you ever thought about webbing a child as the focal point to planning? This session will provide an innovative approach to planning lessons and show you how simple it can be to change your method of instruction by



All trainings are held Work Family (530 North Spring Street, W/S 27101) unless otherwise indicated: To register : go to <http://www.workfamilyresource.org/calendar-edu/> or Call WFRC to register 336-761-5100.

JANUARY

Jan. 9, 2016

Time: 8:00-1:00pm

CPR/First Aid

Presenter: Dan Ozmek

Cost \$65.00

Cardiopulmonary Resuscitation (CPR) Certification and First Aid Certification are required certifications for every family child care provider and recommended for most child care center staff. After completing this session,

participants should be able to conduct both CPR and First Aid techniques on infants, children and adults

Jan. 11, 2016

Time: 9:00 -2:00

Family Child Care Start Up Workshop

Presenter: Betty Nelums

Cost \$ 55.00

This one-day workshop is a comprehensive review of the North Carolina Family Child Care Home rules and regulations, and will be helpful to those who are planning to operate a Family Child Care Home. This workshop will focus on family child care home licensing information, region specific zoning and sanitation requirements and give detailed information regarding program start-up and operations as they relate to budgeting for quality family child homes. Fee includes Family Child Care Handbook. Two or more persons attending together who wish to share a handbook can attend for an additional \$15.00 per person. To purchase an additional handbook the cost is \$40.00

Jan.12, 2016

Time: 6:30 - 8:30pm

ITS SIDS

Presenter: Melinda McCullen

Cost \$ 10.00

This required training explains all the parts of North Carolina's SIDS Law. Participants will review information about when and how to use the approved waivers, how to best place a baby in bed to sleep, and other "Best Practice" recommendations. During the workshop, participants will get the needed information to create a Safe Sleep Policy, updated research about SIDS, and local health and safety resources. Participants also will be walked through how to do an unresponsive infant drill and the reason for doing them regularly. (DCDEE 1)

Jan. 14, 2016

Time: 8:30 - 12:30pm

Intro. to Cultural Competence

Presenter: LaVonya

Washington, Cherie White

Cost \$ 40.00

Description: Children come from diverse backgrounds — including children of color, children in families of lower socioeconomics, and children of marginalized groups are being cared for and educated in our early childhood programs. We know that we need to provide learning experiences that reflect the cultural backgrounds of all children, which includes family values and learning

styles. Failure to do this, can compromise the benefit children receive from early childhood programs. This course is a beginning step to preparing the early childhood workforce to increase their awareness and understanding of culture and cultural competence. It focuses on defining culture, understanding cultural conditioning, culturally responsive teaching and the role of engaging families. It is designed to be interactive and self-reflective.
(.5 CEU/ 5 Credit Hours)

Jan. 28, 2016

Time: 6 - 8pm

**Sliding Fee Scale & Scholarship
\$10.00**

Presenter: Karatha Scott

The workshop is designed to provide technical assistance in developing sound and correct policies and procedures that support the provider's financial assistance program. Encourage programs to continue offering financial support to families with the cost of child care and to serve families who are on the waiting list. The workshop is designed for Director or Family Child Care Owners. Limit to 15 people

FEBRUARY

Feb. 6 & 20, 2016

Time 9- 11am

Emergency Preparedness & Response in Child Care Part I & 2

Cost \$40.00

The new Emergency Preparedness and Response (EPR) in Child Care

Presenter: Betty Nelums

Training provides early educators with information and tools to prepare for many types of emergencies. The EPR in Child Care Training addresses new NC Child Care Rules on emergency preparedness, current best practice recommendations, and guidance on completing the online EPR Plan. The EPR Plan template can be found on the North Carolina Emergency Management website.

The training is presented in two 2-hour sessions and includes a one-hour site assignment.

NC Child Care Rules 10A NCAC 09 .0607(b) and 10A NCAC 09 .1705(b)(6) require that a designated individual from all licensed centers and family child care homes complete the training and submit a and submit a facility EPR Plan.

Be prepared! Knowing what to do before, during and after an emergency is a critical part of being prepared and may make all the difference when seconds count.

Feb. 9, 2016

Time: 9:00 - 2:15

BSAC

Presenter: Judy Hoskins

Cost: \$35.00 CEU's available upon request for an additional \$25.00

BSAC (Basic School Age Care) is a 5 hour introductory level training event for school age care professionals that are new to the field. The training includes the following modules: 1) Health, Safety, & Nutrition, 2) Environmental Design, 3) Child/Youth Development 4) Developmentally Appropriate Activities, 5) Guiding Child Behavior, and 6) Quality School Age Care. This training is required by the NC Division of Child Development for school age care professionals working in licensed programs but is a great training for new staff in any afterschool program setting.

Feb. 9, 2016

Time: 6:30-8:30

Grief and Loss in Young Children

**Presenter: Renae L. Beeker
Cost: \$10.00**

Death and loss is a part of life that affects young children. The emotional pain of a child who has lost a loved one makes it tempting to avoid the subject or to try to distract the child. When a loss is not addressed appropriately by adults it may leave the child feeling confused or promote a feeling of distrust. While we would all like to shield children from grief, the

reality is that they will all experience it at one time or another. This session will define most common times of grief and loss for young children, identify stages of grief, discover ways young children 4yrs old react behaviorally to grief and loss, and determine ways to support children through this process. (2 DCDEE contact hours)

Feb. 11, 2016

Time 6:30-8:30pm

Increasing Quality with the ITERS-R: Today and Everyday!

Presenter: Sandy Weaver

Cost \$ 10.00

Does hearing the term ITERS make you feel anxious? If so this workshop is for you! Learning the scale for the big day is one thing, but maintaining that high level of quality for every other day is what it's really all about! Using pictures from different infant, toddler, and two year-old classrooms participants will break down the Infant Toddler Environment Rating Scale into manageable parts, discussing indicators in detail. Participants will have opportunities to ask questions and get ready to return to their programs more confident and informed.

February 16, 2016

Time: 9:00 - 2:30 pm

Choosing & Using Appropriate Curriculum

Presenter: Cherie White

Cost \$ 40.00 0.5 CEU's

This is a 5 hour training that focuses on how to choose the best curriculum for your program from the NC Divisions of Child Development 2012/2013 approved curriculum list. During this training we will explore and answer 3 BIG questions.

1. What is a curriculum and how does it support learning?
 2. How do we select and implement an approved curriculum?
 3. How do we know what we are doing is meeting the needs of all children?
- As we explore these questions, you will be able to use early childhood theory to select a curriculum, as well as identify and evaluate goals for implementing the curriculum that you select for your program.

February 13 2016

Time: 8:00-1:00pm

CPR/First Aid

Presenter: Dan Ozmek

Cost \$65.00

Cardiopulmonary Resuscitation (CPR) Certification and First Aid Certification are required certifications for every family child care provider and recommended for most child care center staff. After completing this session, participants should be able to

conduct both CPR and First Aid techniques on infants, children and adults

Location Forsyth Co.

**Emergency Services Bldg
911 East 5th Street, W/S,
NC 27101**

MARCH

Mar. 5, 2016

Time 9- 2:30pm

NC FELD (Foundations for Early Learning Development

Presenter: LaVonya

Washington

Cost \$40.00

The 2013 North Carolina Foundations for Early Learning and Development is now available. This version updates and combines the previous Foundations documents (i.e., the 2005 Foundations: Early Learning Standards for North Carolina Preschoolers and Strategies Guiding Their Success, and the 2007 Infant Toddler Foundations: Guidelines for Development and Learning for North Carolina's Infants and Toddlers). The revised Foundations spans birth to age 5 and includes goals, developmental indicators, and strategies in five developmental domains:

- Approaches to Play and Learning

- Emotional and Social Development
- Health and Physical Development
- Language Development and Communication
- Cognitive Development

Mar. 10 & 24, 2016

Time: 6:30 - 8:30pm

Emergency Preparedness & Response in Child Care Part I & 2

Cost \$40.00

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Presenter: Betty Nelums

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submit a and submit a facility EPR Plan.

Be prepared! Knowing what to do before, during and after an emergency is a critical part of being prepared and may make all the difference when seconds count.

Mar. 8, 2016

Time: 9-2pm

WFRC Family Child Care Start Up Workshop

Cost \$ 55.00

Presenter: Betty Nelums

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Mar. 12 2016

Time: 8:00- 1:00pm

CPR/First Aid

Presenter: Dan Ozmek

Cost \$ 65.00

Cardiopulmonary Resuscitation (CPR) Certification and First Aid Certification are required certifications for every family child care provider and recommended for most child care center staff. After completing this session, participants should be able to conduct both CPR and First Aid techniques on infants, children and adults

Location Forsyth Co.

**Emergency Services Bldg
911 East 5th Street, W/S,
NC 27101**

March 17, 2016

Time: 6:30-8:30

Temperament of Infants and Toddlers:

Understanding and Supporting Individual Differences

Presenter: Melinda McCullen

Cost \$10.00

We all have our own way of adapting and responding to the world around us. Are you distractible or persistent, sensitive or easy going? These characteristics describe temperament. During this workshop, we'll learn about 9 temperament traits and 3 large categories used to

describe most infants and toddlers. Strategies on how to care for children based on their temperament type will be shared. We will also discuss the “goodness of fit” between your own temperament and the infants and toddlers in your care and explore the role of culture as it relates to temperament. By understanding temperament, caregivers can provide the supports needed to help every infant and toddler feel safe and secure in the child care setting. This training provides information that supports the ITERS-R subscales: Space and Furnishings, Listening and Talking and Interactions and Program Structure. (DCDEE 2,3,4,8)

Mar. 22, 2016

Time 6-8pm

Introduction to CLASS

Presenter: LaVonya

Washington

Cost \$ 10.00

The Classroom Assessment Scoring System (CLASSTM) is a research-based observation tool used to help teachers and schools improve the effectiveness of classroom interactions. It is used to assess interactions for a variety of purposes, including professional development, monitoring and evaluation, and research. This training session will provide you an overview of the CLASS tool as well as provide you with hands on

activities to better understand how to use the tool.

Participants will

- Know how the CLASSTM is organized and what it measures.
- Understand the connections among effective teacher-student interactions, the CLASSTM, and students’ learning and development.
- Understand the various uses of the CLASSTM.
- Identify and discuss effective teacher-student interactions.